# HIDDEN ECONOMIC BENEFITS OF PEDESTRIAN FRIENDLY CITIES COOL CITIES CONFERENCE 2003

# Presented by:

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# \$ Benefits to INDIVIDUALS



- Transportation = ~20% of personal budget
  - 2nd only to housing
- More than:
  - food and clothing combined.
  - healthcare, entertainment, personal care, reading and education combined.

Places with plentiful transportation options and more compact, diverse development are less expensive places to live in terms of combined housing and transportation costs.

"...homeowners in these higher priced housing markets have the advantage of building wealth through home equity, rather than buying cars, which only depreciate."

--Robert Dunphy

**Urban Land Institute** 



# \$ Benefits to NEIGHBORHOODS

• Real estate values over the next 26 years will rise fastest in mixed-use, walkable communities.

1998 study by ERE Yarmouth and Real Estate Research Corporation

Greenways increase property values nationwide.

1995 study by the National Park Service

• Land next to a greenbelt in Salem, OR was worth \$1200 more per acre than 1000 feet away.

1992 Technical Information Series, Scenic America.

• The percent of people in Denver who said they would pay more to live near a greenbelt or park rose from 16% to 48% in 10 years.

1995 study by the National Park Service



- Neighborhood save money:
- Administrative costs
- Transportation costs
- Violence and discipline costs



Considering fuel, buses, bus drivers, maintenance, etc.

"Transporting rural students is more than 2X as expensive as transporting urban students and 50% more than suburban districts."

p. 13



"While it may be true that in small schools some costs increase because they are spread out over fewer students, research suggests that large schools require added tiers of administration, more security people and additional maintenance and operations personnel."

p. 12

Comparing small schools (less than 300) with big schools (1000 or more), big schools have:

825% more violent crime

270% more vandalism

378% more theft and larceny

394% more physical fights or attacks

3200% more robberies

1000% more weapons incidents

p. 9 (cited U.S. Department of Education, 1999)



# \$ Benefits to BUSINESS

• Rank of open space/parks/recreation among factors used by small businesses in choosing a new business location: 1

1997 Journal of Park and Recreation Administration

• Corporate CEOs say quality of life for employees is the 3rd most important factor in locating a business (behind domestic markets & availability of skilled labor).

1995 study by the National Park Service

• Pedestrian-friendly elements help revitalize urban areas. Spartanburg, S.C.—after a downtown park and formal corporate plaza were added property values rose 325% in 10 years and retail sales had risen, some by as much as 100%.

1997 Urban Land Institute.



# \$ Benefits to COMMUNITIES

 Compact growth saves governments up to 70% less than equivalent volumes of scattered growth. Requires less infrastructure (streets, schools flood control, sewers, etc.) and services (police fire).

2003 Detroit News

•Estimated annual value of open space to the economy of New Hampshire: \$8 billion (25% of total economy).

1999 Concord NH Monitor

- Increased business as described previously
- Increased tourism and events





# Special Events

- Rail-trail facilities
  - Valuable recreation asset
  - Spectrum of opportunities
    - community-national interests & single-multiple day
- 1999 Pere Marquette Rail-Trail special events
  - Michigander
     (1800 participants)
  - Midwest Tandem Rally (550 teams)

# Profile of Participants

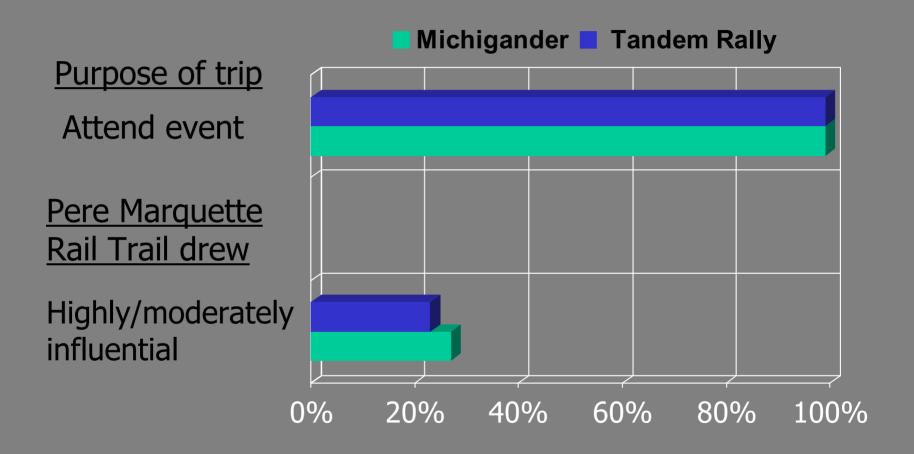
#### Michigander

- 95% MI residents
- 46% household income \$80,000+
- 60% without children in household
- 25% members of a bike organization
- Avg. \$748 in spending on bicycling in 1998

#### • Midwest Tandem Rally

- 26% MI residents
- 51% household income \$80,000+
- 68% without children in household
- 75% members of a bike organization
- Avg. \$2,446 in spending on bicycling in 1998

## Economic Benefits - Tourism



# Economic Benefits - Spending

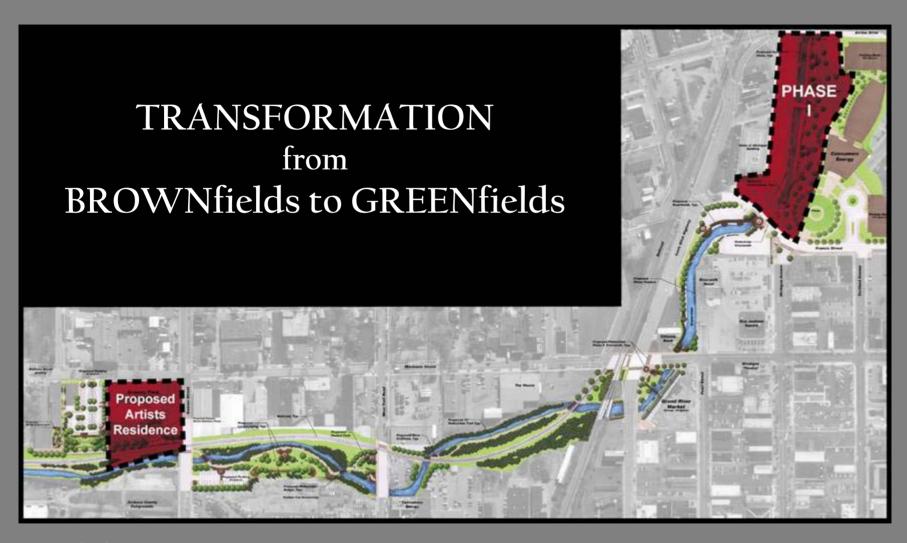
#### Michigander

- \$207,000 in spending
  - excluding event fee
- 50% before/after event
- 50% during event
- \$233 per travel party
- 2.3 persons
- 500 hotel room nights

#### • Midwest Tandem Rally

- \$260,000 in spending
  - includes event fee
- 16% before/after event
- 85% during the event
- \$566 per travel party
- 2.5 persons
- 1,100 hotel room nights





Add a little art to your walk

# Armory Arts Project



- Transform 147,000sf of vacant industrial complex into 36 affordable housing units for artists
- Enterprise Group & Artspace Projects, Inc.



Consumers Energy
Headquarters
\$104 million, employing
1,350 people

Phase I – Master Plan Grand River Arts Walk Jackson, Michigan



Previous Brownfield site featuring the old post office



Renovated Greenfield site featuring Phase I of the Grand River Arts Walk

# Outdoor Amphitheater







Sculpted earth forms create a natural amphitheater on the Grand River

#### Arts & Cultural Alliance of Jackson County



#### The "Best of the Midwest" Public Art



5 Art pieces ranging from \$16,000-\$48,000

# "Living Gallery" Art Displays







2 year exhibition

#### Ground Art – to be walked on



locating your point of origin

#### Incorporating Natural Resources



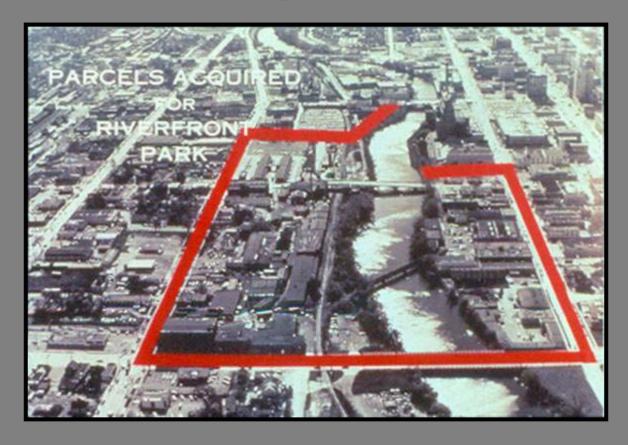
Building alliances to help fund the vision

## Past history along the riverfront

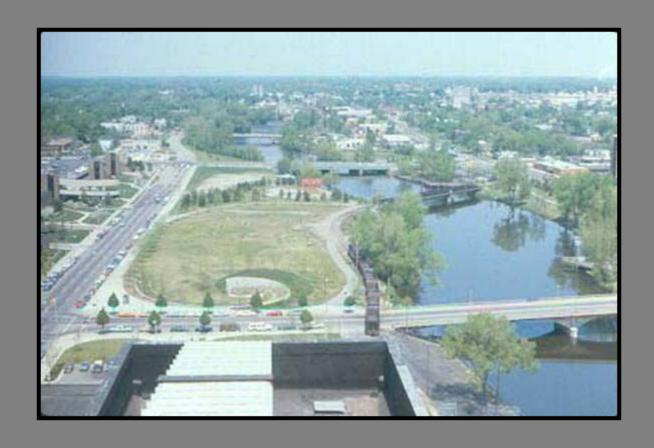


this scene was common place

# First phase of creating a walkable community...



#### was to create a destination to walk to



# transforming a riverfront from industrial use...

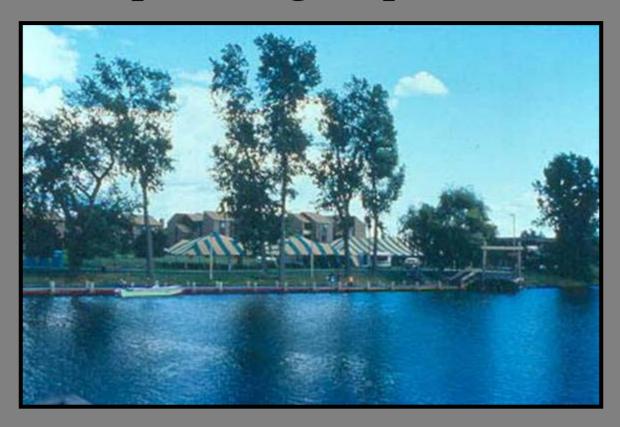


## to a community use...



the banks of the Grand River

# providing for parks...



the banks of the Grand River

#### and recreation...



the banks of the Grand River

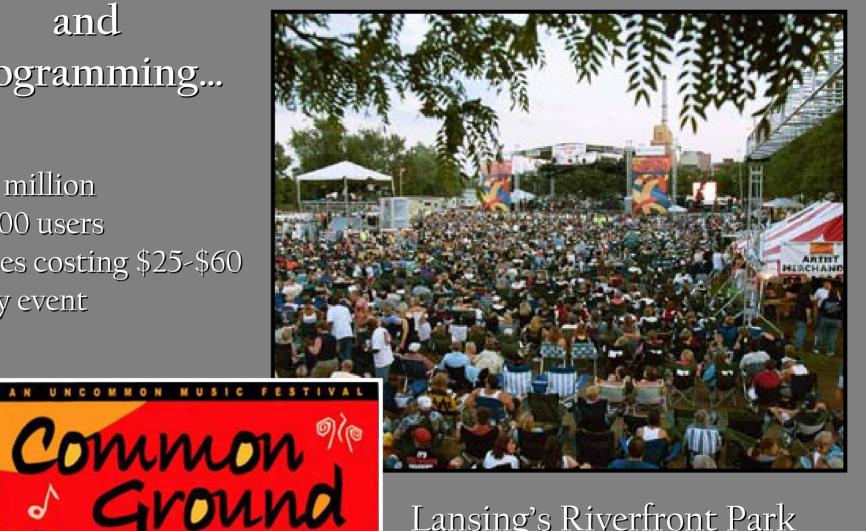
# and programming...

-\$3.8 million

-63,000 users

-passes costing \$25-\$60

-7 day event

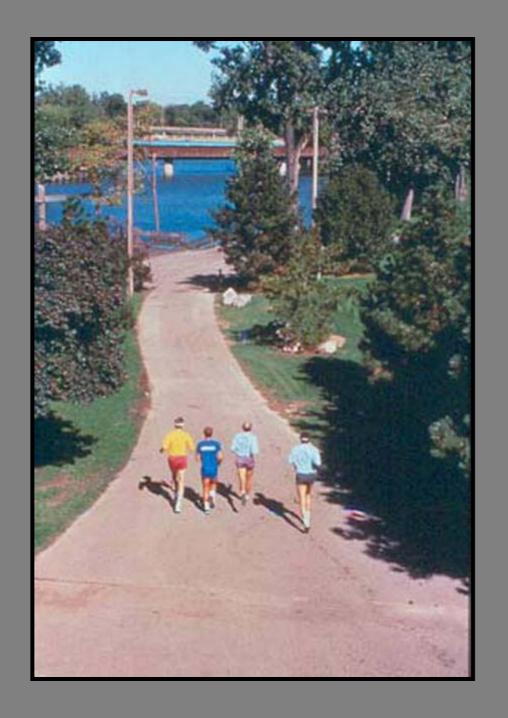




#### transforming abandoned rails...



along the banks of the Grand River



# Activities related to Trails

- Walking, Jogging, Hiking
- Roller skating/in-line skating
- Bicycling/Mountain Biking
- Horseback riding
- Cross-country skiing

Jogging is up from 8.1 million to 8.8 million 2x per week.

## T.A.R.T Trail

- 154,000 users, May-Sept 2002
- 50% bike
- 38% recreation
- 18% transportation

# Hart-Montague Bicycle Trail



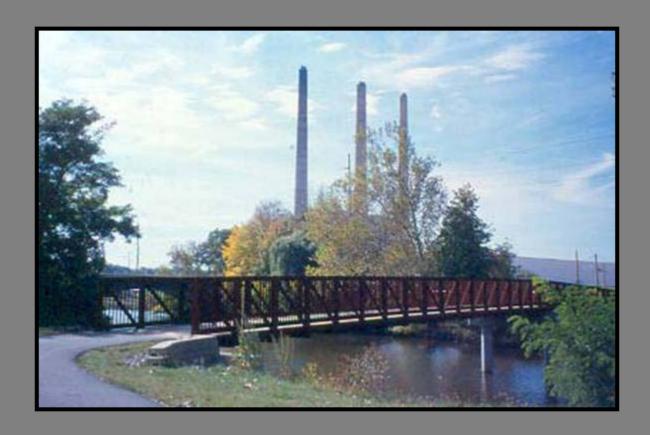
- 20 miles in 1992
- 6 months of use increased business by 25-30%
- \$40,000 in seasonal passes

#### Tax Revenues

 Aggregate property value for one neighborhood was approximately \$5.4 million greater due to the fact it was located on a greenbelt



# Trail planning in urban areas



- Requires cooperation and coordination
- Helps to attract, retain, and expand business

## Bicyclists spend an average of \$25.86 per day



Study – Oil Creek State Park
 Venango County, Pennsylvania

# Multi-purpose trails generate revenue



• Economic impact - \$1.2 million annually per trail

# Examples of average daily revenue per user

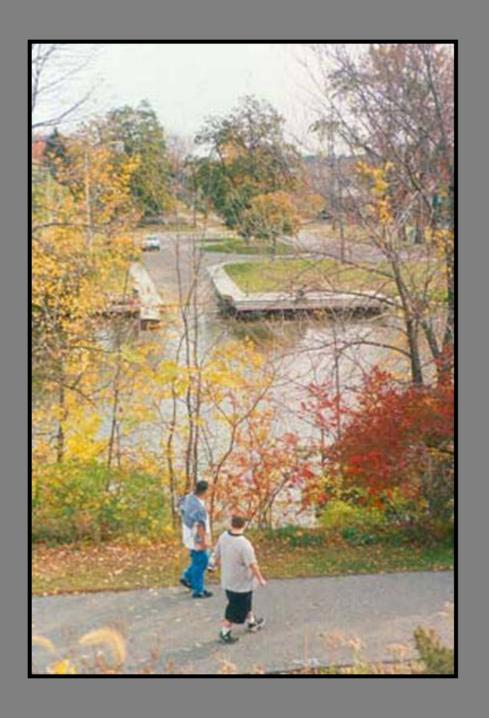


- \$9.21 Heritage Trail IA
- \$11.02 St. Marks Trail FL
- \$3.97 Lafayette/Morage CA

#### Other trail revenue examples



- Mineral Wells Trail near Dallas, TX
  - \$2 million annual
  - 300,000 users
- River Walk San Antonio, TX
  - \$1.2 billion annual
  - Second to the Alamo
- Maryland Northern Rail Trail
  - \$3.4 million annual
  - 450,000 users

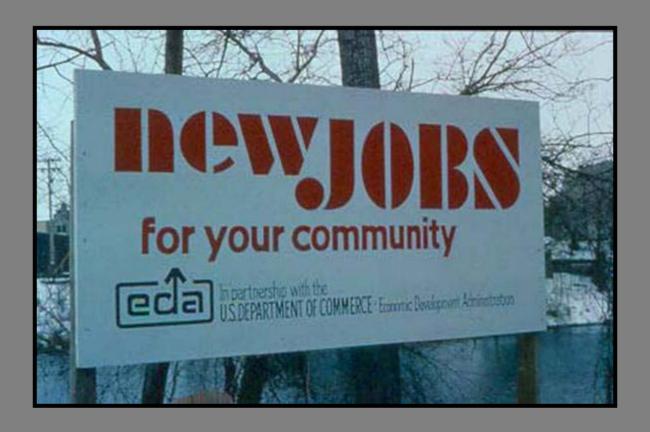


#### Recreational Trends

- 40.4% Walk for Health
- 32.8% Pursue physical fitness/exercise
- 14.9% bicycle
- 13.75% Boat or Sail
- 12.4% Run or Jog

Lifestyle Market Analysis, results from 212 metro areas

# Multi-purpose trails generate new jobs



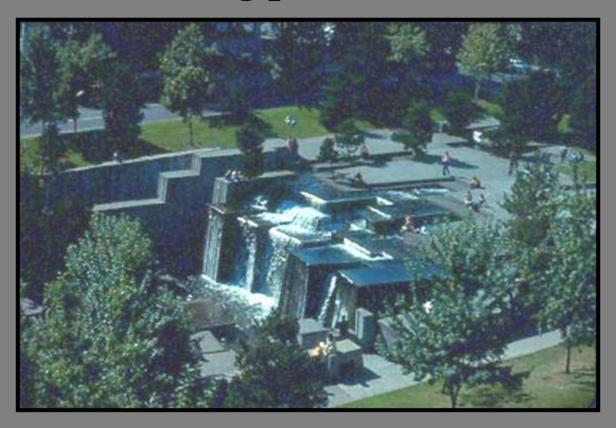
• Planning, Construction, and Permanent Jobs

# Hartford - McCoy Trail - West Virginia



• Projects 3,200 permanent jobs with an economic impact of \$107 million

# Connecting parks to the trail



adds interest and recreation

#### Home Buyers Sold on Trails

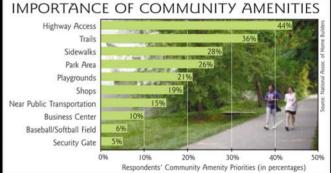
Trails help sell houses, according to a survey by the National Association of Realtors (NAR) and the National Association of Home Builders (NAHB).

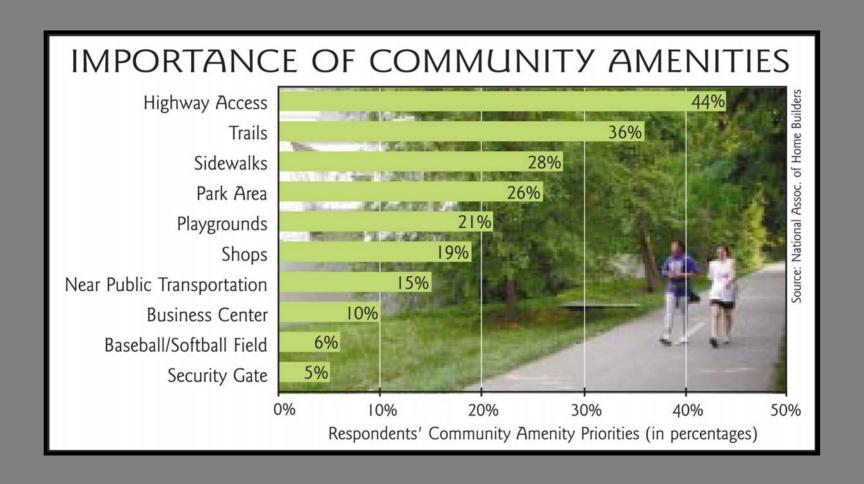
The survey report, Consumers' Survey on Smart Choices for Home Buyers, released in April, shows that 36 percent of 2,000 recent home buyers designated walking, jogging or biking trails as either an "important" or "very important" community amenity. Trail availability outranked 16 other options including security, ball fields, golf courses, parks and access to shopping or business centers. Only highway access, at 44 percent, was specified as a top amenity by more of the home buyers surveyed.

Gopal Ahluwalia, NAHB director of research, is not surprised by the survey results. "People want walking and jogging trails," he says. "When we do surveys, trails rank up pretty high - in the top five - all the time...[The number two ranking of trails in this survey] was consistent across all regions and demographics of the population." For more information on the survey, see www.realtor.org, or www.nahb.org.

From Rails to Trails magazine, Fall 2002

For a look at the complete survey conducted by the NAHB, please go to http://www.nahb.com/news/smartsurvey2002.htm

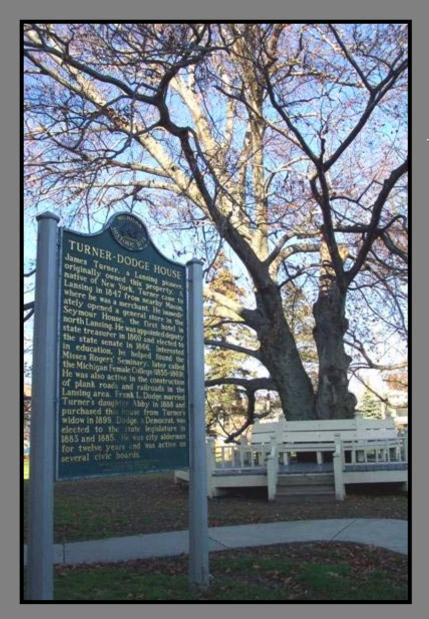




#### Fish attract trail users



Fish ladder draws thousands of visitors each year



# Historical assets should be included along trails to add interest





Gardens & Parks also create resting points and provide places to explore the culture of the community

# Property values revealed



- 77.7% of home buyers rated natural space essential or very important in planned communities
- Areas for walking and bicycling rated #3

American Lives Inc., research company for real estate industry

# Property values revealed



 9% more for lots adjacent to trails and sold faster compared to lots not on a trail

Mnt. Bay study, Brown County, WI

# General Trail Statistics

- Luce Line rail trail in Minn.
  - 87% believed the trail increased or had on effect on property value
  - 56% farmland residents thought the trail had no effect on land value
  - 61% suburban residential noted an increase in property value

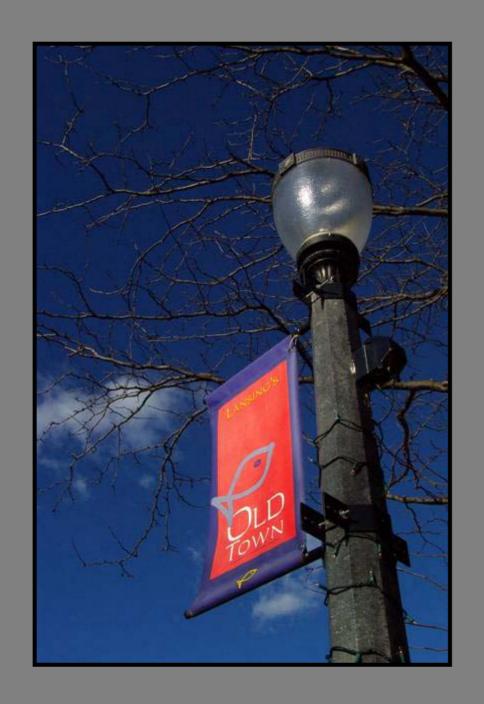
# General Trail Statistics

- Property Value Study, Boulder, Colorado
  - \$4.20 up to \$10.20 decline for each foot away from greenbelt up to 3,200'
  - 32 % higher property value adjacent to the greenbelt than 3,200' away

# General Trail Statistics

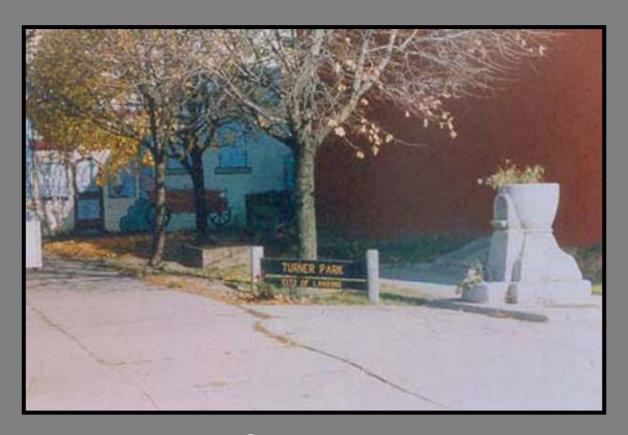
- Office of Planning in Seattle, Washington
  - 12 mile Burke-Gilman Trail
  - 6% or more for property that has access to the trail
  - 60% thought that being adjacent to the trail would bring more value or have no effect

based upon homeowner and real estate agents



Working examples of Business & Art & History

### Turner Mini Park - Lansing, Mi



Before 1980's

#### Turner Mini Park - Lansing, Mi



After improvements

#### Old Town - 1989



After 2003

#### Recognizing your communities history



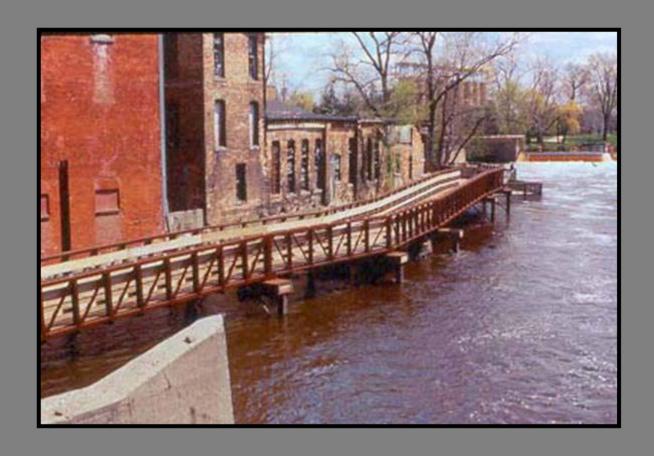
Café Style

#### Trails nearby restaurants

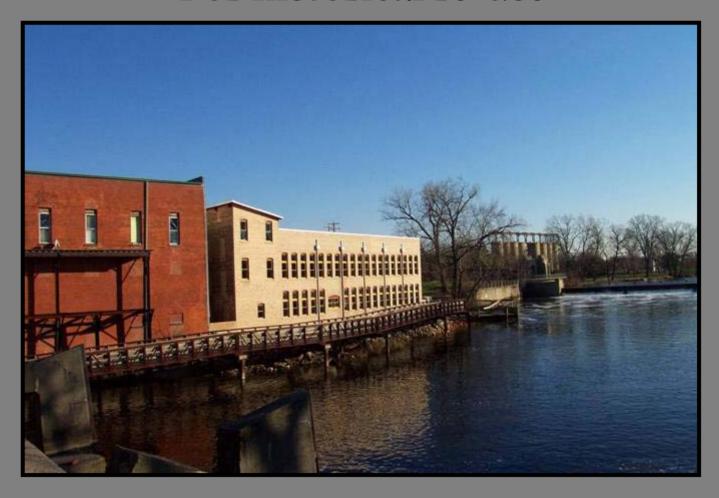


Provide users an opportunity to exercise after a meal

# The river trail as a catalyst



#### For historical re-use

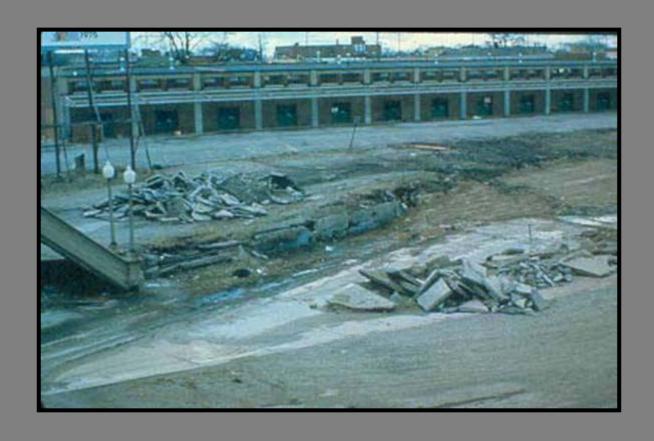


### Outdoor plazas & cafes



next to the trail

# Historical assets along the trail



#### Can provide active destination points



#### Trail users take advantage of History, Art, & Science







## Bring history to life with the

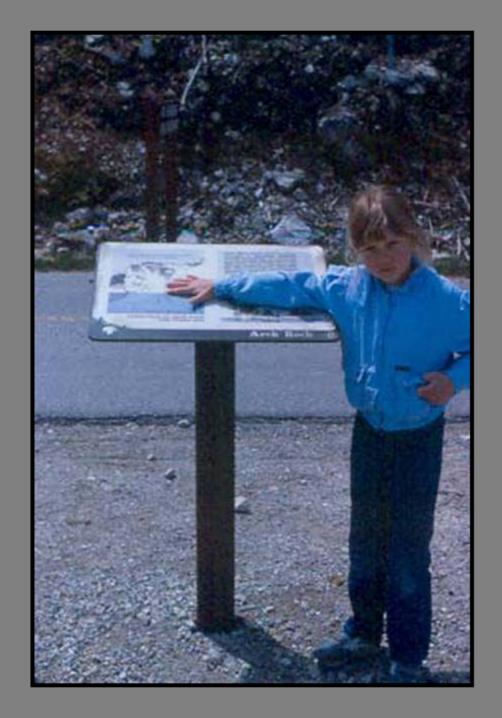


Classic Car Festival

#### Historical re-use of old buildings



Michigan Rail-Trail State Headquarters



Don't forget to promote your communities history:

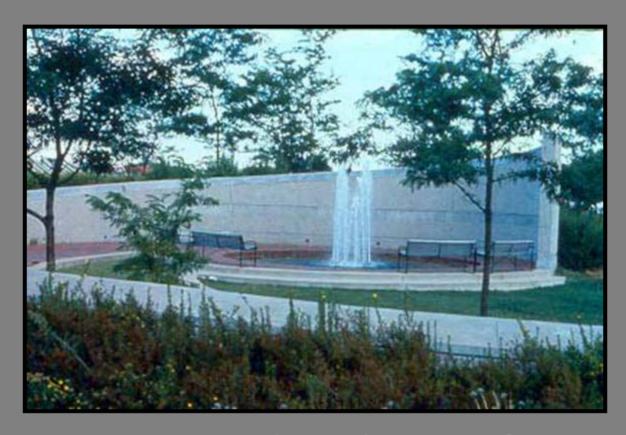
- Interpretive Displays
- Tours
- Community Events

## A result of partnership with community organizations, i.e. Lansing Rotary Club



Lansing Clock Tower
Creating Landmarks

#### Art along the trail

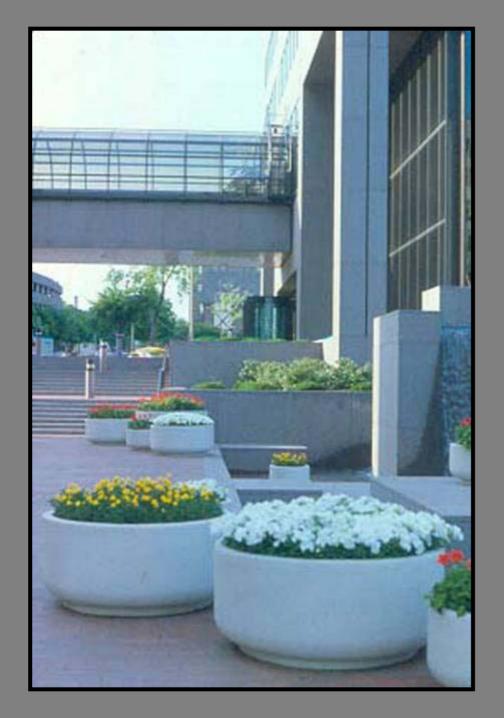


Creating earth and water forms

#### Art along the trail

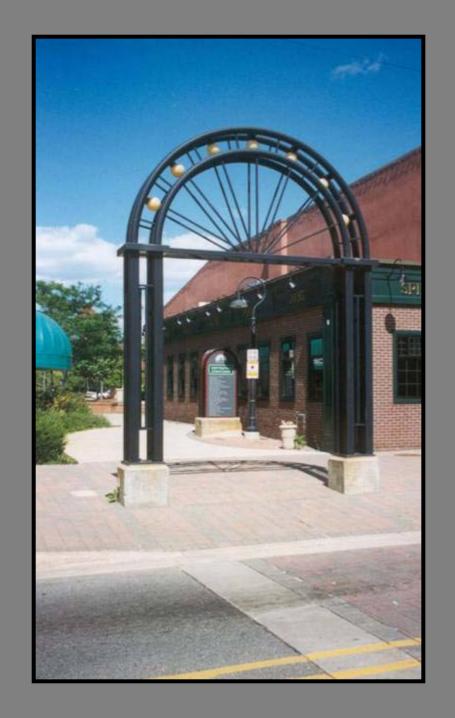


Creating sculpture



Small but colorful displays create a sense of healthy communities

Creating color and texture



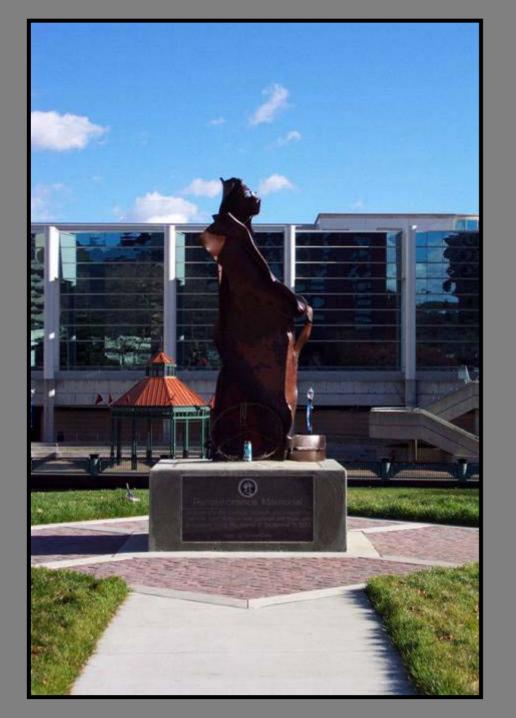
Artful ways to connect areas and create a theme along with community identification

Creating Entry

#### "way finding" signs help guide users along trails



Creating order



#### Memorials:

- need to be visible
- proper settings
- accessible

Creating emotion

#### The hidden benefits of pedestrian friendly cities

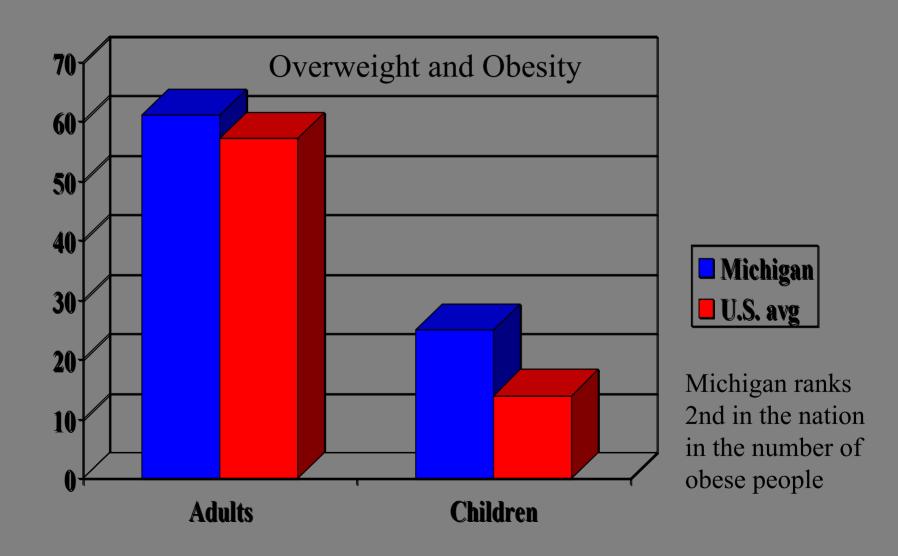


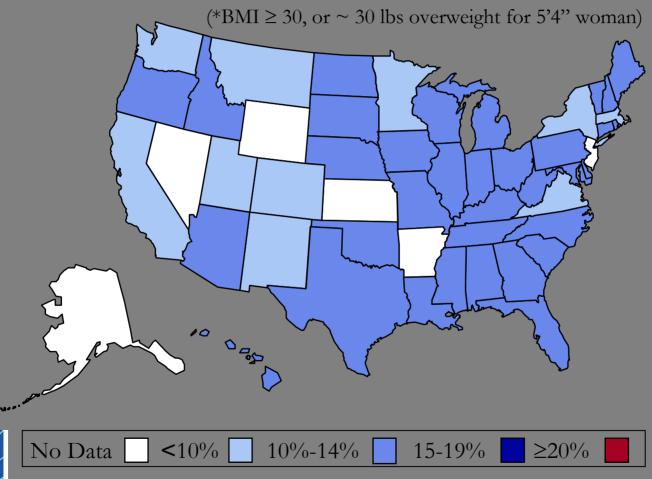
are sometimes right outside your door.

### The Real Hidden Benefit--Health

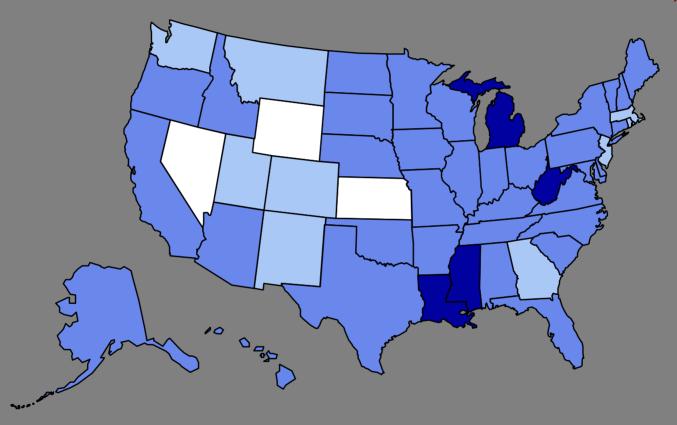


### Physical Inactivity...The Problem

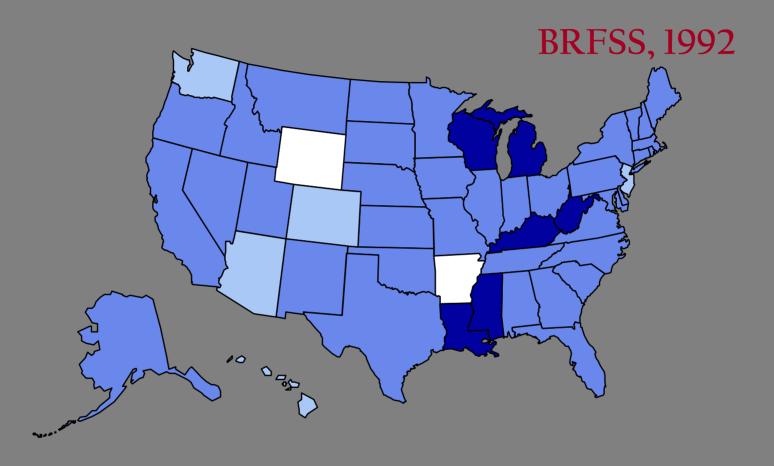




CENTERS FOR DISEASE CONTROL AND PREVENTION

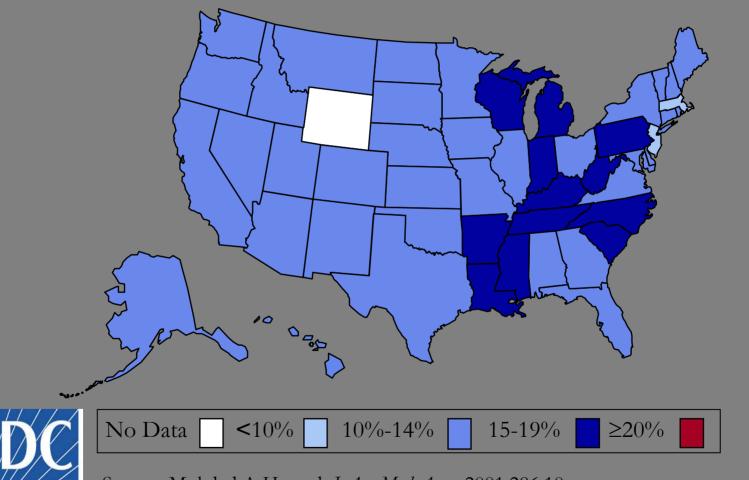




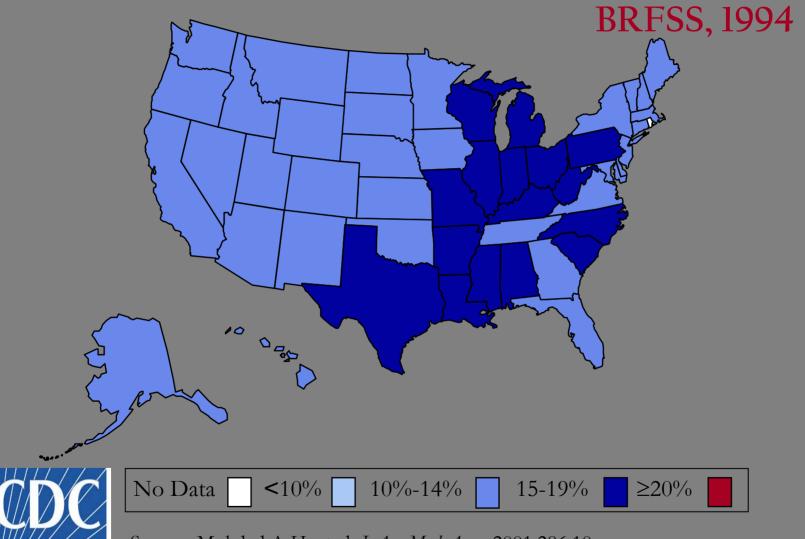




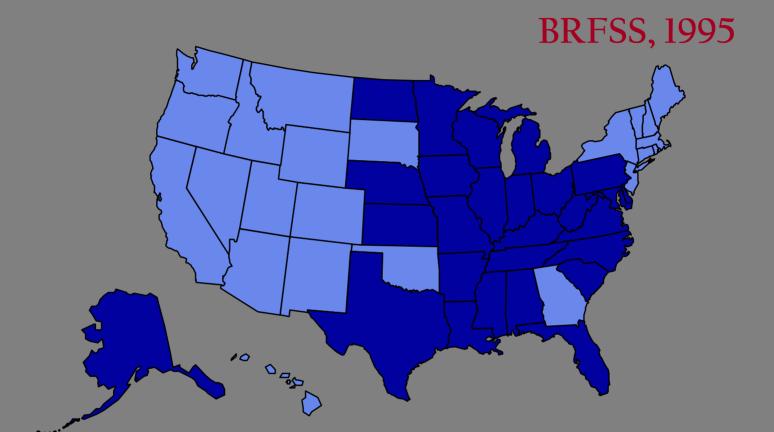
BRFSS, 1993



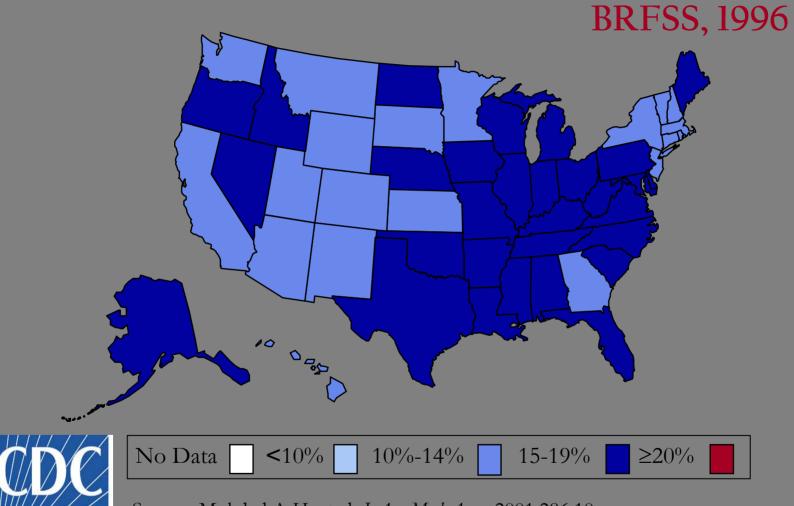
Source: Mokdad A H, et al. J Am Med Assoc 2001;286:10



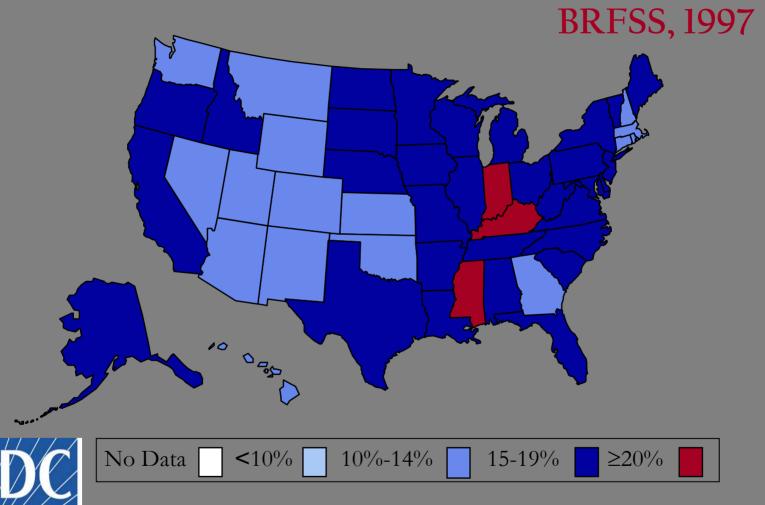
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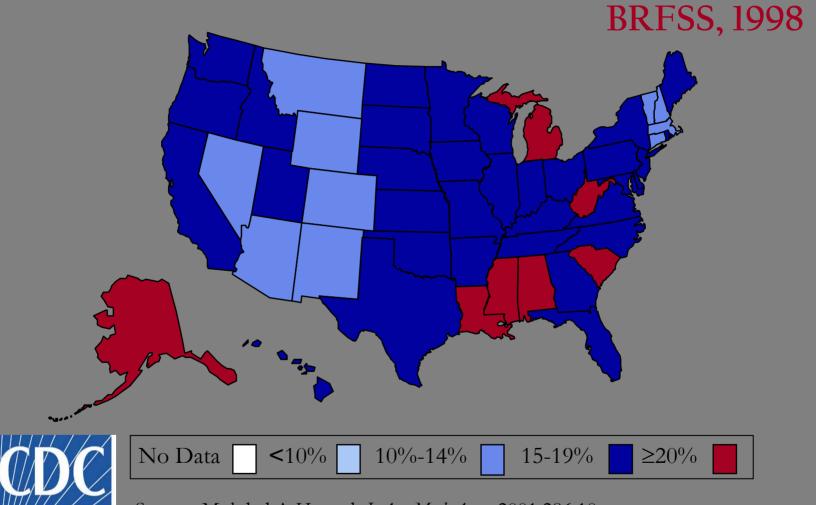




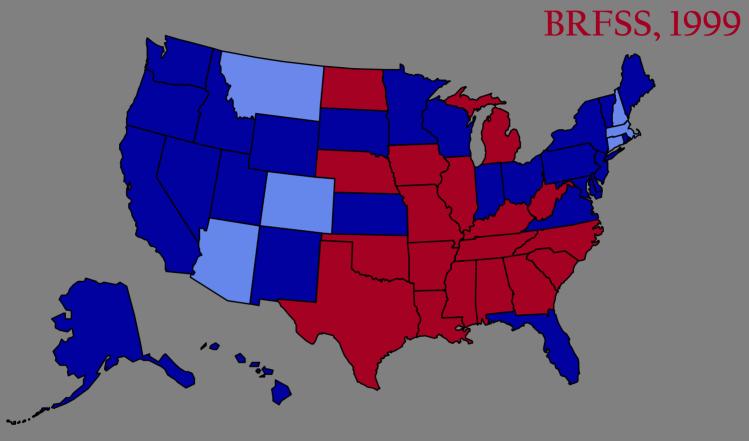
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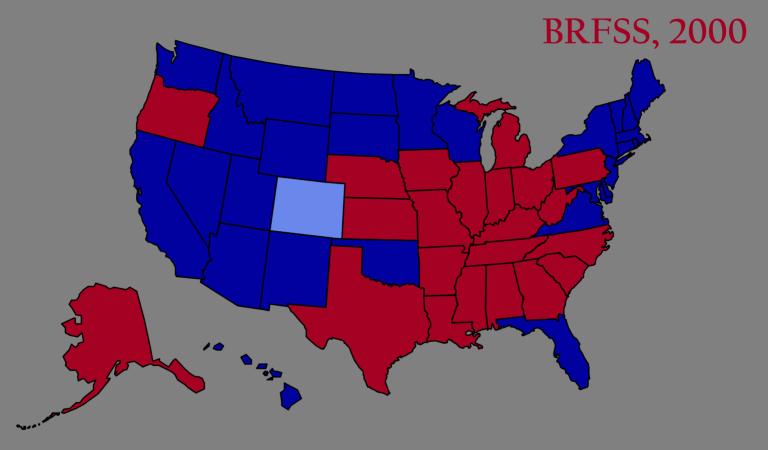
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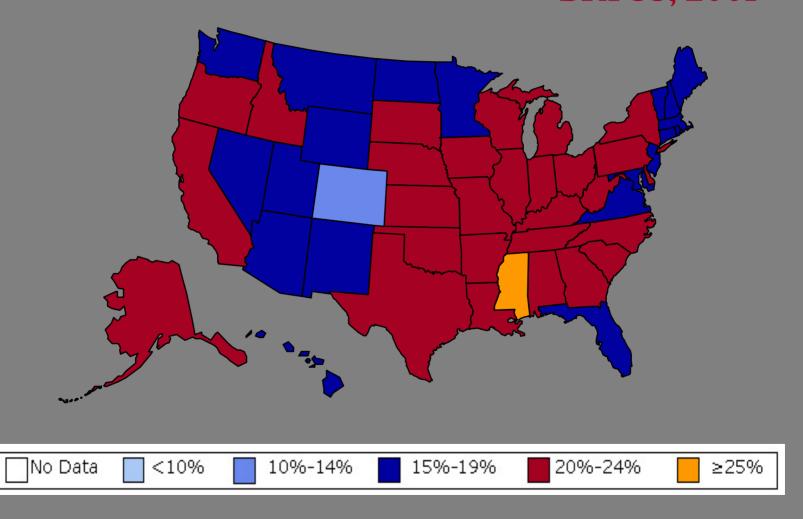
Source: Mokdad A H, et al. J Am Med Assoc 2001;286:10











Source: Mokdad A H, et al. *J Am Med Assoc* 1999;282:16, 2001;286:10.

#### A Health Crisis

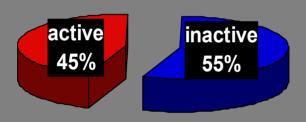
- Inactivity and poor nutrition are the 2<sup>nd</sup> leading cause of death.
- 75% of all Americans don't achieve minimum amounts of exercise.
- There has been a 40% decline in the number of walking and/or biking trips made by children.



Photo by Dan Burden www.pedbikeimages.org

# Physical Inactivity: The Economic Cost in Michigan

Michigan Adults (7.57 million)



Over 4 million
 Michigan adults are physically inactive.

Total cost of \$8.9 billion in 2002.

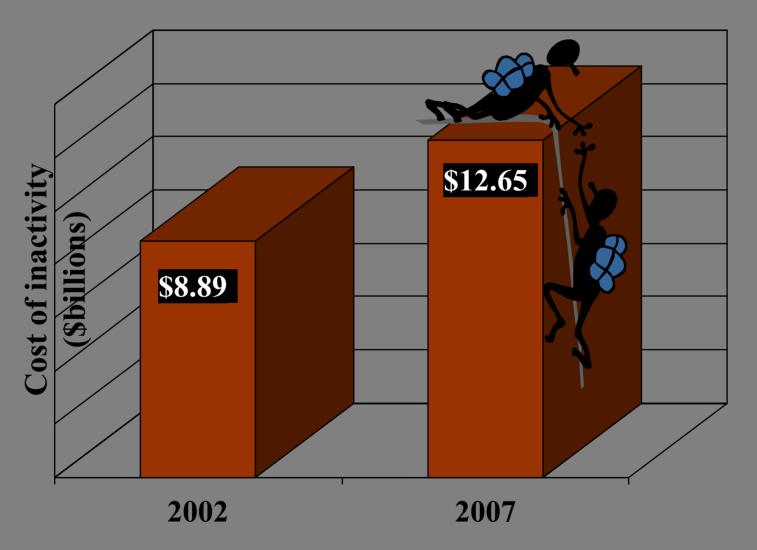
#### Total cost of \$8.9 billion in 2002.

- Costs are borne largely by:
  - Employers
    - health insurance premiums
    - lost productivity
  - State of Michigan
    - Medicaid

Ultimately, Michigan residents absorb these costs.

\$1,175/adult

#### Financial Forecast



#### Cost Avoidance

If 1 in 20 sedentary adults become active . . .

... A cost avoidance of ~\$575 million per year over the next 5 years can be realized.

This equates to jobs for over 15,400 new employees.



Thank You For Your Interest In PEDESTRIAN FRIENDLY CITIES COOL CITIES CONFERENCE 2003